

Virtual mental health care for kids, teens, & families



"Brightline takes the guesswork out of mental health care for my child"

- Brightline parent

Fast access to personalized support



Find tips for what you need & schedule video visits within days

Evidence-based care from experts



Our therapists have years of experience working with kids ages 2 to 17

Access to our one-stop digital platform



Track progress, appointments, & read expert-backed resources

Create a free account today for immediate access to mental health tips & resources

GET STARTED AT hellobrightline.com/open



Getting started is easy:

- 1. Scan the QR code or visit this URL to create your account. We'll confirm your kid's health plan information, and what services are covered. Brightline therapy is currently offered in five states NY, NJ, CT, MA, and WA.
- **2. Tell us about your family.** Based on your answers to our short questionnaire, we'll recommend a therapist.
- 3. Explore free resources or schedule your first appointment.

 Appointments are often available within days.

Questions? Call (888) 224-7332 to speak with a Brightline team member about our services.